



SANCTUARY

RETIREMENT LIVING



BAIRD LODGE

Ely, Cambridgeshire



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Welcome to Baird Lodge, a place where you can experience a happy, fulfilling retirement.

You deserve to enjoy your retirement, and to be as independent and active as you want to be. But we know that living in your own home can become a bit too much sometimes, and it can be lonely, even if there are two of you.

Here at Baird Lodge, you can enjoy the best of both worlds. You'll live in your own rented apartment, but have peace of mind knowing that a dedicated team is on hand 24 hours a day and new friends are never far away.

Don't wait any longer, come and visit us and see for yourself what we have to offer.

LIFE AT BAIRD LODGE

At Baird Lodge, you choose the lifestyle that suits you.

In the morning, a local shop can deliver your daily milk or newspaper, and during the day we'll call you to check you're okay. After breakfast in your apartment or the restaurant, you might choose to meet friends or take part in one of our regular activities.

At lunchtime, the restaurant serves delicious hot meals, and friends or family can join you.

If you fancy a change of scenery, Ely city centre is only a five minute drive or 20 minute walk away. You could visit the cathedral, stroll along the river, or perhaps take the train to

Cambridge for a spot of shopping or lunch.

In the afternoon, you could join us for one of our regular social events, take part in an arts and crafts workshop, or do some gardening. Alternatively, you may prefer to sit in our quiet reading room, or visit the hairdresser for some pampering.

By evening, you may want to take it easy after all the activity! If not, you can always join friends to watch TV, or for a chat, a game of cards or a mutual hobby.



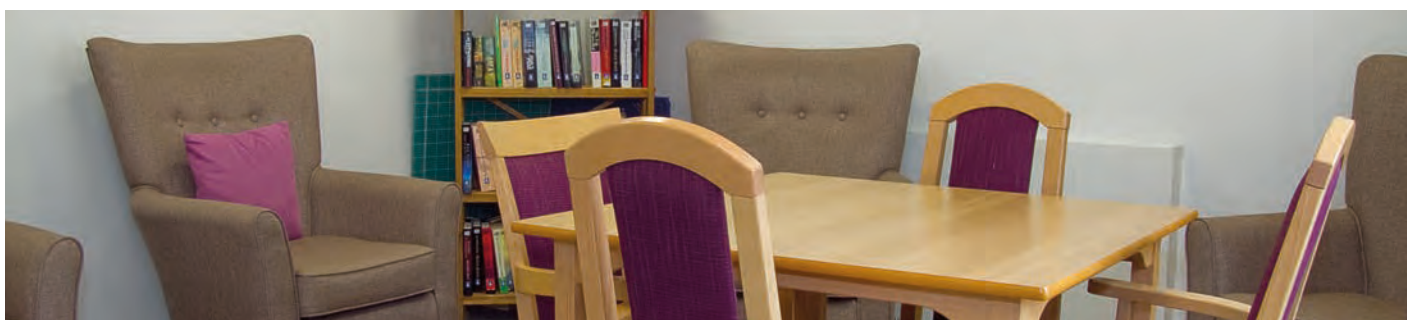
WHAT MAKES US SPECIAL?

- Our staff are highly trained and passionate about what they do.
- A strong sense of community, where you can share your views and shape our services.
- Regular social events including gardening, arts and crafts, games and dementia-friendly activities.
- Bright and airy communal areas, lifts to all floors and fully accessible throughout.
- Attractive décor and furnishings.
- Accessible landscaped gardens with seating areas.

YOUR NEW HOME

You'll feel right at home in your apartment. It has everything you need and is unfurnished, so you can make it your own and make adaptations to suit your needs. Features include:

- open plan lounge and kitchen
- single or double bedroom
- fitted kitchen with fridge
- level-access shower room
- emergency pull cord alarm system and pendant or wrist alarms – our onsite care agency is only a call or a buzz away, 24 hours a day, 365 days a year



EVERYTHING YOU NEED

While you'll be self-sufficient in your own spacious apartment, you may feel like stretching your legs and seeing what else is available to you. Our onsite services and facilities include:

- communal lounge with comfy seating and a TV
- quiet reading room
- communal laundry room
- buggy store with charge points for mobility scooters
- visiting hairdresser
- accessible bathroom so you can enjoy a bath in safety and comfort
- guest suite for visiting family and friends
- secure door entry to the building and your apartment
- organised activities and social events
- post, newspapers and pharmacy orders delivered directly to your door

Our **taste** restaurant is open seven days a week for breakfast, lunch and snacks, as well as offering a meal delivery service. We can also cater for your guests, if booked in advance. Our in-house catering team take pride in preparing seasonal meals using fresh ingredients, as well as creating regular themed menus to celebrate special occasions throughout the year.

IDEAL LOCATION

- Ely city centre is only a five minute drive or bus journey, or a 10 minute mobility scooter ride away.
- Ely has a cathedral, river, banks, shops, pubs and supermarkets.
- Cambridge city centre is only 20 minute train journey away, or 45 minutes by car, bus or taxi.
- GP surgery and hospital for minor injuries within walking distance.
- Food deliveries available from local supermarkets.
- Low-cost local buses and taxis make journeys easy.



HELP ON HAND

At Baird Lodge, you can live as independently as possible in the security and privacy of your own home. You can focus on living your life to the full, with the peace of mind that someone is on call if you need any help, and support is available if your needs change.

Personal and domestic care is provided by Radis Community Care, a family-owned company, and its staff can support you in your new home.

If you need it, Radis Community Care staff will work with you to create a personalised care plan. It will take into account your likes and dislikes, the emotional and social side of your life, your skills and abilities, religious, cultural and leisure preferences, and much more. They will review it with you on a regular basis and you can involve your family and friends. They also have strong links with local doctors, dentists, hospitals and social workers, to ensure you receive the best possible care and support.

Sanctuary Retirement Living staff are onsite to provide support with housing management, correspondence and money matters, and general household maintenance.

CARE AND DOMESTIC SERVICES

Some of the things you can be supported with include:

- washing, dressing, bathing, personal care and hygiene
- getting in and out of bed
- preparing meals
- taking medication

For more information about the care and domestic services available to you at Baird Lodge, please contact Radis Community Care directly.

Radis Community Care is regulated by the Care Quality Commission.

Regulated by



AM I ELIGIBLE?

To be eligible to live at Baird Lodge, you must:

- be aged 55 or over, or have long-term care needs
- reside in, or have a family connection to the local area

We aim to offer a lively atmosphere and mixed community of people who have a range of care needs. You do not need to have any immediate care or support needs when you apply, but our kind and caring staff can support you if anything changes. Baird Lodge may not be suitable if you require a substantial amount of regular nursing care.

HOW MUCH DOES IT COST?

Prices vary so please ask a member of staff for a price list. We have options for private or local authority-paid rent agreements.

As well as your rent, you will need to pay:

- a peace of mind charge for your 24-hour pull cord alert system
- a service charge, which covers your heating, electricity and water usage, maintenance costs and utilities charges for the communal areas and gardens, and also includes a two-course lunch at our **tasté** restaurant, seven days a week
- fees for any care and support or domestic services you require, which may be paid for by Cambridgeshire County Council, if you have had your needs assessed and approved by the adult social care team

You will also be responsible for paying council tax (band A), TV licence (if applicable) and any additional television package, telephone and line rental, internet and contents insurance.

Other meals, snacks and drinks in our **tasté** restaurant, our meal delivery service, use of communal laundry facilities and overnight stays in our guest suite for visitors are all charged separately.

HOW DO I APPLY?

1. Contact us for an application form or contact Cambridgeshire County Council's adult social care team.
2. We'll arrange for you to visit and meet us.
3. We'll help you to complete a housing assessment and affordability form, as you may be eligible for financial assistance towards your rent and part of your service charge.
4. While you're here, we may assess if you would benefit from care and support services, and our care provider, Radis Community Care, may arrange to visit you at home to discuss your needs. For your care to be funded by Cambridgeshire County Council, you must have had your needs assessed and approved by the Council's adult social care team.

We also encourage you to discuss your housing options with your family and friends, and to seek independent advice, support and representation as appropriate. Organisations such as your local authority, Age UK, Citizens Advice or the Elderly Accommodation Counsel (EAC) can help.

"I came here six months ago and I have settled in very well. It's a lovely place, I couldn't wish for anything more."

Hilda Butterfield, resident



CONTACT US

Come and see a new style of living for your retirement years. Contact us to arrange a no-obligation visit.

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Baird Lodge, Lumley Close, Ely, Cambridgeshire CB7 4FF

For more details of all Sanctuary Retirement Living properties, visit our website or contact us if you would like this publication in an alternative format.



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 www.sanctuary-retirement-living.co.uk

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