

# Birmingham Vulnerable Adults Pathway Edgbaston

## ➤ MENTAL HEALTH AND LEARNING DISABILITY

Birmingham Vulnerable Adults Pathway has seven supported housing services across Birmingham: Lightfoot House, Bridgeburn Road, Old Vicarage, Osbourne House, Primrose House, Sandwood House and Sandybanks. We support vulnerable adults aged 18 and over with a wide range of support needs, including mental health needs and learning disabilities.

- Supported housing for vulnerable adults across seven services
- Tailored support packages offering 3-6 hours per week
- Staff on-site during office hours
- All properties have a communal lounge, dining room, kitchen, and garden

**“We support people  
on their pathway to  
independence.”**

**Local Service Manager**



## About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathway to independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

## Accommodation



### Accommodation type

Seven services comprising of 57 single-occupancy bedrooms and eight one-bedroom apartments. Each apartment has a bedroom, lounge/diner, kitchen and bathroom.



### Location

All seven services across Birmingham have easy access to local amenities such as shops, restaurants, parks, colleges, cinemas and public transport links.



### Communal areas

Shared spaces at each service include a lounge, dining room, kitchen, laundry room, bathroom and garden.



### Safety and security

Staff office on-site, CCTV and a secure door access system help to ensure residents' safety and security.



### Rental agreement type

All properties are let on an assured shorthold tenancy agreement.

## Support

Staff draw up a personalised support plan with residents using the Mental Health Recovery Star model and the Life Star models, as appropriate.

Our highly-trained staff are on-site during office hours at all services, giving residents peace of mind that support is on-hand. There is an out-of-hours telephone service, should residents require any further support.

### Tailored support, advice and assistance includes:

- Maintaining a tenancy, managing rent
- Managing finances (budgeting and benefits)
- Cooking, cleaning and shopping
- Building confidence, resilience and self-esteem
- Maintaining health, safety and security
- Accessing education, training and employment
- Dealing with correspondence
- Signposting and accessing other services
- Planning a successful move-on
- Developing hobbies and interests

## How to apply and eligibility

We accept referrals from Birmingham City Council. All support needs will be assessed before an application is accepted.

### To be eligible for a place at Birmingham Vulnerable Adults Pathway, applicants must:

- Be aged 18 or over
- Require between 3-6 hours of support per week

## Contact us

Old Vicarage, 99 Gillott Road  
Edgaston, Birmingham B16 0EU

0121 455 0583

[Birmingham.Support@sanctuary.co.uk](mailto:Birmingham.Support@sanctuary.co.uk)

[www.sanctuary-supported-living.co.uk](http://www.sanctuary-supported-living.co.uk)

Sanctuary Supported Living is a trading name of Sanctuary Housing Association and Sanctuary Home Care Limited, both exempt charities.

