



SANCTUARY

RETIREMENT LIVING



DODDINGTON COURT

Doddington, Cambridgeshire



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Welcome to Doddington Court, a place where you can experience a happy, fulfilling retirement.

You deserve to enjoy your retirement, and to be as independent and active as you want to be. But we know that living in your own home can become a bit too much sometimes, and it can be lonely, even if there are two of you.

Here at Doddington Court, you can enjoy the best of both worlds. You'll live in your own rented apartment, but have peace of mind knowing that a dedicated team is on hand 24 hours a day and new friends are never far away.

Don't wait any longer, come and visit us, and see for yourself what we have to offer.

LIFE AT DODDINGTON COURT

At Doddington Court, you choose the lifestyle that suits you.

In the morning, a local newsagent can deliver your newspaper. After breakfast in your apartment or the restaurant, you might choose to meet friends in our communal lounge, or take part in one of our regular activities.

At lunchtime, the restaurant serves delicious hot meals, or you may want to prepare lunch for yourself, or for friends or family in your apartment.

If you fancy a change of scenery, you can pop into the village, which is less than 10 minutes away, for a spot of shopping.

If you want to go further afield, you could visit the nearby villages of Chatteris, March or Benwick. Alternatively, you could spend the day in the historic city of Cambridge.

In the afternoon, you might join us in the lounge for one of our regular social events, take part in a game of bingo, do some gardening or browse our well-stocked library room.

By evening you may want to take it easy after all the activity! If not, you can always join friends to watch TV, or for a chat, a game of cards or a mutual hobby.



WHAT MAKES US SPECIAL?

- Our staff are highly trained and passionate about what they do.
- A strong sense of community, where you can share your views and shape our services.
- Regular social events including bingo, games, gardening club and dementia-friendly activities.
- Bright and airy communal areas, lifts to all floors and fully accessible throughout.
- Attractive décor and furnishings.
- Accessible landscaped garden with raised flower beds.

YOUR NEW HOME

You'll feel right at home in your apartment. It has everything you need and is unfurnished, so you can make it your own and make adaptations to suit your needs. Features include:

- open plan lounge and kitchen
- one or two double bedrooms
- fitted kitchen with fridge-freezer, washer-dryer, oven and hob
- level-access shower room
- emergency alert system featuring intercom, pull cord and pendant or wrist alarms – the onsite care agency is only a call or a buzz away, 24 hours a day, 365 days a year



EVERYTHING YOU NEED

While you'll be self-sufficient in your own spacious apartment, you may feel like stretching your legs and seeing what else is available to you. Our onsite services and facilities include:

- communal lounge with comfy seating and a TV
- games room with dartboard and pool table
- hairdressing salon
- library room
- accessible bathroom so you can enjoy a bath in safety and comfort
- buggy store with charge points for mobility scooters
- guest suite for visiting family and friends
- daytime reception and secure door entry to the building and your apartment
- organised activities and social events
- post, newspapers and pharmacy orders delivered directly to your door

Our **taste** restaurant is open seven days a week for breakfast, lunch and snacks. It is open to the public, so you can enjoy a meal with your friends and family. Our in-house catering team takes pride in preparing seasonal meals using fresh ingredients, as well as creating regular themed menus to celebrate special occasions throughout the year.

IDEAL LOCATION

- Quiet and peaceful village location, with views over the surrounding countryside.
- Easy access to local villages, including Chatteris, March and Benwick.
- Cambridge and Peterborough are both less than 45 minutes away by car.
- There is a GP surgery and an NHS minor injuries unit in Doddington.
- Fenland Association for Community Transport (FACT) offers a free, local, door-to-door transport service.



HELP ON HAND

At Doddington Court, you can live as independently as possible in the security and privacy of your own home. You can focus on living your life to the full, with the peace of mind that someone is on call if you need any help, and support is available if your needs change.

Personal and domestic care is provided by Radis Community Care, a family-owned company, and its staff can support you in your new home. If you need it, Radis Community Care staff will work with you to create a personalised care plan. It will take into account your likes and dislikes, the emotional and social side of your life, your skills and abilities, religious, cultural and leisure preferences, and much more. They will review it with you on a regular basis and you can involve your family and friends. They also have strong links with local doctors, dentists, hospitals and social workers, to ensure you receive the best possible care and support.

Sanctuary Retirement Living staff are onsite to provide support with housing management, correspondence and money matters, and general household maintenance.

CARE AND DOMESTIC SERVICES

Some of the things you can be supported with include:

- Washing, dressing, bathing, personal - care and hygiene
- Getting in and out of bed
- Preparing meals
- Taking medication

For more information about the care and domestic services available to you at Doddington Court, please contact Radis Community Care directly.

Radis Community Care is regulated by the Care Quality Commission.

Regulated by



AM I ELIGIBLE?

To be eligible to live at Doddington Court, you must:

- be aged 60 or over, or have long-term care needs
- reside in, or have a family connection to, the local area
- have your care and support needs assessed and approved by Cambridgeshire County Council

We aim to offer a lively atmosphere and mixed community of people who have a range of care needs. Doddington Court may not be suitable if you require a substantial amount of regular nursing care.

HOW MUCH DOES IT COST?

Prices vary, so please ask a member of staff for a price list. We have options for private or local authority-paid rent agreements.

As well as your rent you will need to pay:

- a peace of mind charge for your 24-hour pull cord alert system
- a service charge, which covers your heating and water usage, as well as maintenance costs and utilities charges for the communal areas and gardens
- fees for any care and support or domestic services you require, which may be paid for by Cambridgeshire County Council, if you have had your needs assessed and approved by the adult social care team

You will also be responsible for paying for council tax (band A), electricity usage, TV licence (if applicable) and any additional television package, telephone and line rental, internet and contents insurance.

Meals, snacks and drinks in our **taste** restaurant and overnight stays in our guest suite for visitors are all charged separately.

HOW DO I APPLY?

1. Contact us for an application form or contact Cambridgeshire County Council's adult social care team.
2. We'll arrange for you to visit and meet us.
3. We'll help you to complete a housing assessment and affordability form as you may be eligible for financial assistance towards your rent and part of your service charge.
4. While you're here, we may assess if you would benefit from care and support services, and our care provider, Radis Community Care, may arrange to visit you at home to discuss your needs. For your care to be funded by Cambridgeshire County Council, you must have had your needs assessed and approved by the adult social care team.

We also encourage you to discuss your housing options with your family and friends, and to seek independent advice, support and representation as appropriate. Organisations such as your local authority, Age UK, Citizens Advice or the Elderly Accommodation Counsel (EAC) can help.

"Feeling protected, safe and supported is essential and I think Doddington Court has this covered wonderfully."

Resident's family member

CONTACT US

Come and see a new style of living for your retirement years. Contact us to arrange a no-obligation visit.

01354 742 957

Doddington.Court@sanctuary.co.uk

Benwick Road, Doddington, Cambridgeshire PE15 0WD

For more details of all Sanctuary Retirement Living properties, visit our website or contact us if you would like this publication in an alternative format.



**INVESTORS
IN PEOPLE**

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 www.sanctuary-retirement-living.co.uk

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