



SANCTUARY

RETIREMENT LIVING



ELIZABETH HOUSE

Taunton, Somerset



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Welcome to Elizabeth House, a place where you can experience a happy, fulfilling independent life with support.

You deserve to enjoy your life, and to be as active as you want to be and can be. But we know that living in your own home can become a bit too much sometimes, and it can be lonely, even if there are two of you.

Here at Elizabeth House, you can enjoy the best of both worlds. You'll live in your own rented apartment, but have peace of mind knowing that a dedicated team is on hand 24 hours a day and new friends are never far away.

Don't wait any longer, come and visit us, and see for yourself what we have to offer.

LIFE AT ELIZABETH HOUSE

At Elizabeth House, you choose the lifestyle that suits you.

In the morning, we'll give you a call to check that you're okay. After breakfast you might choose to meet friends, or take part in one of our regular activities.

At lunchtime, if you've pre-ordered lunch, you can enjoy a hot meal with other residents in the restaurant, or you may want to prepare lunch for yourself, or your friends or family in your apartment.

If you fancy a change of scenery, you could visit Vivary Park, which is situated just behind Elizabeth House and has beautiful flower gardens, a water fountain and ducks.

Alternatively, if you prefer a spot of shopping, Taunton town centre is just a five minute drive away.

In the afternoon, you could join us in one of our lounges for one of our regular social events, take part in a quiz or a game of bingo, or perhaps enjoy an afternoon tea.

By evening, you may want to take it easy after all the activity! If not, you can always join friends to watch TV or for a chat, a game of cards or a mutual hobby.



WHAT MAKES US SPECIAL?

- Our caring team is highly trained and passionate about what they do.
- A strong sense of community, where you can share your views and shape our services.
- Regular social events including gardening, quizzes, games and dementia-friendly activities.
- Bright and airy communal areas, lifts to all floors and fully accessible throughout.
- Attractive décor and furnishings.
- Accessible landscaped gardens with seating.

YOUR NEW HOME

You'll feel right at home in your apartment. It has everything you need and is unfurnished, so you can make it your own and make adaptations to suit your needs. Features include:

- open plan lounge and kitchen
- a single or double bedroom
- fitted kitchen
- level-access shower room
- emergency pull cord alarm system with intercom and pendant alarms - the onsite care agency is only a call or a buzz away, 24 hours a day, 365 days a year



EVERYTHING YOU NEED

While you'll be self-sufficient in your own spacious apartment, you may feel like stretching your legs and seeing what else is available to you. Our onsite services and facilities include:

- communal quiet lounge and TV lounge, both with comfy seating
- hairdressing salon
- communal laundry room
- buggy store with charge points for mobility scooters
- guest suite for visiting family and friends
- secure door entry to the building and your apartment
- organised activities and social events
- post, newspapers and pharmacy orders delivered directly to your door

The restaurant is open daily and you can pre-order hot food, and enjoy a meal with your friends and family.

IDEAL LOCATION

- Close to village life - Vivary Park is next door and is very popular with the local community.
- Taunton is only 10 minutes away by car or taxi.
- There is a railway station and a bus station in Taunton.
- Musgrove Park hospital is a five minute car or taxi ride away.
- Low cost bus and taxi fares via community transport services make journeys easy.



HELP ON HAND

At Elizabeth House, you can live as independently as possible in the security and privacy of your own home. You can focus on living your life to the full, with the peace of mind that someone is on call if you need any help, and support is available if your needs change.

Personal and domestic care can be provided by Way Ahead Care and its staff can support you in your new home.

If you need it, Way Ahead Care staff will work with you to create a personalised care plan. It will take into account your likes and dislikes, the emotional and social side of your life, your skills and abilities, religious, cultural and leisure preferences, and much more. They will review it with you on a regular basis and you can involve your family and friends. They also have strong links with local doctors, dentists, hospitals and social workers, to ensure you receive the best possible care and support.

Sanctuary Retirement Living staff are onsite to provide support with housing management, correspondence and money matters, and general household maintenance.

CARE AND DOMESTIC SERVICES

Some of the things you can be supported with include:

- washing, dressing, bathing, personal care and hygiene
- getting in and out of bed
- preparing meals
- taking medication

For more information about the care and domestic services available to you at Elizabeth House, please contact Way Ahead Care directly.

Way Ahead Care is regulated by the Care Quality Commission.

Regulated by



AM I ELIGIBLE?

To be eligible to live at Elizabeth House, you must:

- be aged 55 or over, or have long-term care needs

We aim to offer a lively atmosphere and mixed community of people who have a range of care needs. You do not need to have any immediate care or support needs when you apply, but the onsite teams can support you if anything changes. Elizabeth House may not be suitable if you require a substantial amount of regular nursing care.

HOW MUCH DOES IT COST?

Prices vary so please ask a member of staff for a price list. We have options for private or local authority-paid rent agreements.

As well as your rent, you will need to pay:

- a peace of mind charge for your 24-hour pull cord alert system
- a service charge, which covers your heating and water usage, maintenance costs and utilities charges for the communal areas and gardens
- fees for any care and support or domestic services you require, which may be paid for by Somerset County Council, if you have had your needs assessed and approved by the adult social care team

You will also be responsible for paying council tax (band B), electricity usage, TV licence (if applicable) and any additional television package, telephone and line rental, internet and contents insurance.

Meals, snacks and drinks in the restaurant, and overnight stays in our guest suite for visitors are all charged separately.

HOW DO I APPLY?

1. Contact us for an application form or contact Somerset County Council's adult social care team.
2. We'll arrange for you to visit and meet us.
3. Somerset County Council will help you to complete a housing assessment and affordability form, as you may be eligible for financial assistance towards your rent and part of your service charge.
4. While you're here, we may assess if you would benefit from care and support services, and the care provider, Way Ahead Care, may arrange to visit you at home to discuss your needs. For your care to be funded by Somerset County Council, you must have had your needs assessed and approved by the adult social care team.

We also encourage you to discuss your housing options with your family and friends, and to seek independent advice, support and representation as appropriate. Organisations such as your local authority, Age UK, Citizens Advice or the Elderly Accommodation Counsel (EAC) can help.

"Staff at Elizabeth House are friendly and they put your mind at rest if you are worried about anything."

Alan, resident



CONTACT US

Come and see a new style of living for your retirement years. Contact us to arrange a no-obligation visit.

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For more details of all Sanctuary Retirement Living properties, visit our website or contact us if you would like this publication in an alternative format.



**INVESTORS
IN PEOPLE**

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www.sanctuary-retirement-living.co.uk

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