



SANCTUARY

RETIREMENT LIVING



GREENWICH GARDENS

Mackworth, Derbyshire



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Welcome to Greenwich Gardens, where you can leave your worries behind, and experience a happy, fulfilling retirement.

You deserve to enjoy your retirement, and to be as independent and active as you want to be. But we know that living in your own home can become a bit too much sometimes, and it can be lonely, even if there are two of you.

Here at Greenwich Gardens, you can enjoy the best of both worlds. You'll live in your own rented or leasehold apartment, but have peace of mind knowing that a dedicated team is on hand 24 hours a day and new friends are never far away.

Don't wait any longer, come and visit us and see for yourself what we have to offer.

# LIFE AT GREENWICH GARDENS

At Greenwich Gardens, you choose the lifestyle that suits you.

In the morning, a local shop can deliver your daily milk or newspaper, and during the day we'll call you to check that you're okay. After breakfast in your apartment or the restaurant, you might choose to meet friends or take part in one of our regular activities in our social lounge.

At lunchtime, the restaurant serves delicious hot meals or you may want to prepare lunch for yourself or for friends or family in your apartment.

If you fancy a change of scenery, Markeaton Park is just five minutes' walk away and there

are often events happening there. Or you might want to pop into Mackworth village or Derby for a spot of shopping or lunch.

In the afternoon, you could join us in the lounge for one of our regular social events, take part in an arts and craft workshop, or perhaps visit our cinema or games rooms.

By evening, you may want to take it easy after all the activity! If not, you can always join friends to watch TV, or for a chat, a game of cards, or a mutual hobby.



## WHAT MAKES US SPECIAL?

- Our caring team is highly trained and passionate about what they do.
- A strong sense of community and a Residents Committee which helps to shape our services.
- Regular social events including gardening, arts and crafts, games and dementia-friendly activities.
- Bright and airy communal areas, lifts to all floors and fully accessible throughout.
- Attractive décor and furnishings.
- Accessible landscaped gardens with large patio, seated arbours and pergolas.

# YOUR NEW HOME

You'll feel right at home in your apartment. It has everything you need and is unfurnished so you can make it your own and make adaptations to suit your needs. Features include:

- open plan lounge and kitchen
- one or two double bedrooms
- fitted kitchen with fridge freezer, washer-dryer, oven and hob
- level-access shower room
- can be adapted to specific needs
- emergency alert system featuring intercom, pull cord and pendant or wrist alarms – our onsite care agency is only a call or a buzz away, 24 hours a day, 365 days a year



## EVERYTHING YOU NEED

While you'll be self-sufficient in your own spacious apartment, you may feel like stretching your legs and seeing what else is available to you. Our onsite services and facilities include:

- communal lounges with comfy seating and a TV
- games room with pool table, darts board, cards and board games
- hairdressing and beauty salon
- library, cinema room with Sky TV and shop for everyday essentials
- fitness room
- accessible bathrooms so you can enjoy a bath in safety and comfort
- buggy store with charge points for mobility scooters
- guest suites for visiting family and friends
- daytime reception and secure door entry to the building and your apartment
- organised activities arranged in partnership with the Residents Committee
- post, newspapers and pharmacy orders delivered directly to your door

Our **taste** restaurant is open seven days a week for breakfast, lunch and snacks. It is open to the public so you can enjoy a meal with your friends and family. Our in-house catering team take pride in preparing seasonal meals using fresh ingredients, as well as creating regular themed menus to celebrate special occasions throughout the year.

## IDEAL LOCATION

- Close to village life – Mackworth village is a five minute walk or mobility scooter ride away.
- Derby city centre is only 10 minutes by car or taxi, or 15-20 minutes by bus.
- GP surgery within a five minute walk.
- Railway and bus station in Derby.
- Royal Derby Hospital is only 10 minutes away and all emergency services are close.
- Large supermarkets within a 10 minute drive, some of which offer delivery.
- Dial-a-Ride and low cost local taxis make journeys easy.



# HELP ON HAND

At Greenwich Gardens, you can live as independently as possible in the security and privacy of your own home. You can focus on living your life to the full, with the peace of mind that someone is on call if you need any help, and support is available if your needs change.

Personal and domestic care at Greenwich Gardens is provided by CRT Care Services (Care Relief Team) and its staff can support you in your new home. If you need it, CRT Care Services staff will work with you to create a personalised care plan. It will take into account your likes and dislikes, the emotional and social side of your life, your skills and abilities, religious, cultural and leisure preferences, and much more. They will review it with you on a regular basis and you can involve your family and friends. They also have strong links with local doctors, dentists, hospitals and social workers, to ensure you receive the best possible care and support.

Sanctuary Retirement Living staff are onsite to provide support with housing management, correspondence and money matters, and general household maintenance.

## CARE AND DOMESTIC SERVICES

Some of the things you can be supported with include:

- washing, dressing, bathing, personal care and hygiene
- getting in and out of bed
- preparing meals
- taking medication
- shopping
- making appointments e.g. with your GP
- cleaning, vacuuming, window cleaning
- laundry

For more information about the care and domestic services available to you at Greenwich Gardens, please contact CRT Care Services directly. CRT Care Services is regulated by the Care Quality Commission



## AM I ELIGIBLE?

To be eligible to live at Greenwich Gardens, you must:

- be aged 55 or over, or have long-term care needs
- reside in, or have a family connection to, the local area
- meet Derby City Council's housing criteria

We aim to offer a lively atmosphere and mixed community of people who have a range of care needs. You do not need to have any immediate care or support needs when you apply, but our kind and caring staff can support you if anything changes. Greenwich Gardens may not be suitable if you require a substantial amount of regular nursing care.

## HOW MUCH DOES IT COST?

Prices vary, so please ask a member of staff for a price list. We have options for:

- private or local authority-paid rent agreements
- leasehold agreements

As well as your rent or leasehold costs, you will need to pay:

- a peace of mind charge for your 24-hour pull cord alert system
- a service charge, which covers your heating and water usage, maintenance costs and utilities charges for the communal areas and gardens, and buildings insurance for leasehold properties
- fees for any care and support or domestic services you require, which may be paid for by Derby City Council, if you have had your

needs assessed and approved by the adult social care team

You will also be responsible for paying for council tax (band A or B), electricity usage, TV licence (if applicable) and any additional television package, telephone and line rental, internet and contents insurance.

Meals, snacks and drinks in our **taste** restaurant and overnight stays in our guest suite for visitors are all charged separately.

## HOW DO I APPLY?

1. Contact us for an application form or contact Derby City Council's adult social care team.
2. We'll arrange for you to visit and meet us.
3. We'll help you to complete a housing assessment and affordability form, as you may be eligible for financial assistance towards your rent and part of your service charge.
4. While you're here, we may assess if you would benefit from our care and support services, and we may arrange to visit you at home to discuss your needs. For your care to be funded by Derby City Council, you must have had your needs assessed and approved by the adult social care team.

We also encourage you to discuss your housing options with your family and friends, and to seek independent advice, support and representation as appropriate. Organisations such as your local authority, Age UK, Citizens Advice or the Elderly Accommodation Counsel (EAC) can help.



*"We are proud of the fact that our residents and welcoming staff work well together as a team. We have a friendly and varied community at Greenwich Gardens with people from all walks of life."*

Scheme Services Manager

## CONTACT US

Come and see a new style of living for your retirement years. Contact us to arrange a no-obligation visit.

**01332 371 114**

**[Greenwich.Gardens@sanctuary-housing.co.uk](mailto:Greenwich.Gardens@sanctuary-housing.co.uk)**

**Greenwich Gardens, 34 Greenwich Drive North, Mackworth DE22 4BH**

For more details of all Sanctuary Retirement Living properties, visit our website or contact us if you would like this publication in an alternative format.



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IN PEOPLE**

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[www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)

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