

# Montague Road Felixstowe

## ➤ MENTAL HEALTH

Located in a residential area of Felixstowe, Montague Road is a specialist mental health and dementia care home, with 24 fully-furnished en-suite rooms.

- Staff on-site 24 hours a day
- Long-term residential care home
- Care and support for up to 24 adults aged 55 or over
- Integrated and mobile assistive technology



“The care provided is outstanding.”

Residents' brother



## About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathway to independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.



## Accommodation



### Accommodation type

24 fully-furnished en-suite rooms spread over two floors in a purpose-built property, with level access throughout.



### Location

A residential area of Felixstowe, close to shops, restaurants, a cinema and the sea front. Ipswich town centre is a short drive away.



### Technology

There is free Wi-Fi in communal areas and technology is integrated throughout. Residents have access to bed and chair sensors that monitor movement, pull cords and personal pendant alarms.



### Communal areas

A lounge, kitchen, dining room, laundry room and activity room, as well as an accessible bathroom and level-access garden. A full catering service is provided for all meals.



### Safety and security

Staff office on-site and a secure door access system to ensure residents' safety and security.

## Care and Support

Everyone is supported to achieve greater independence. Staff draw up a personalised care and support plan with residents. We provide care and support, including personal care, depending on individual needs.

Our highly-trained staff are on-site 24 hours a day, seven days a week, giving residents peace of mind that support is always on-hand.

### Tailored support, advice and assistance includes:

- Managing personal care and medication
- Maintaining mental health needs
- Maintaining appropriate behaviour
- Positive behaviour support
- Managing nutrition and hydration needs
- Maintaining health, safety and security
- Socialising and community involvement
- Building positive relationships
- Developing hobbies and interests
- Building confidence, resilience and self-esteem

We regularly have special menus to celebrate special occasions throughout the year and our restaurant has a 5\* hygiene rating from the Food Standards Agency.

## How to apply and eligibility

To apply, contact us directly or through your social worker. We also accept referrals from Suffolk County Council and the local Integrated Care Board (ICG).

We accept self-funders, as well as local authority and NHS funding. All care and support needs will be assessed before an application is accepted.

### To be eligible for a place at Montague Road applicants must:

- Be aged 55 or over
- Have a mental health need requiring 24-hour care and support

## Contact us

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[www.sanctuary-supported-living.co.uk](http://www.sanctuary-supported-living.co.uk)

Sanctuary Supported Living is a trading name of Sanctuary Housing Association and Sanctuary Home Care Limited, both exempt charities.

