

## Can you spare a few hours a week to support people in your local community?

Sidegate Lane is a residential nursing home providing specialist nursing care for older people with mental health needs.

We are looking for kind and caring people to volunteer alongside our friendly team and help with:

- Assisting residents with their meals
- Organising fun and engaging activities
- Helping residents participate in activities and games
- Befriending and companionship
- Sharing your personal skills or interests with residents

If you're looking for a fulfilling volunteer position where you can help make a real difference to the lives of local people, please get in touch.

For more information or to book a place, please call **01473 274 141** or email **Sidegate.Lane@sanctuary-housing.co.uk** 



