



SANCTUARY

RETIREMENT LIVING



ST BARTHOLOMEW'S COURT

Rye Foreign, East Sussex



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Welcome to St Bartholomew's Court, a place where you can experience a happy, fulfilling retirement.

You deserve to enjoy your retirement, and to be as independent and active as you want to be. But we know that living in your own home can become a bit too much sometimes, and it can be lonely, even if there are two of you.

Here at St Bartholomew's Court, you can enjoy the best of both worlds. You'll live in your own rented or leasehold apartment, but have peace of mind knowing that a dedicated team is on hand 24 hours a day and new friends are never far away.

Don't wait any longer, come and visit us and see for yourself what we have to offer.

LIFE AT ST BARTHOLOMEW'S COURT

At St Bartholomew's Court, you choose the lifestyle that suits you.

In the morning, we'll give you a call to check you're okay. After breakfast in your apartment, you might choose to meet friends in one of our communal lounges, or take part in one of our regular activities.

At lunchtime, the café serves delicious light lunches, or you may want to prepare lunch for yourself, or for friends or family in your apartment.

If you fancy a change of scenery, you could walk or catch a bus to the nearby medieval town of Rye for a spot of shopping.

Alternatively, you might want to travel further afield and visit the seaside at Eastbourne or Brighton.

In the afternoon, you might join us in the lounge for one of our regular games sessions, or visit our onsite hairdresser for a bit of pampering. If the weather is fine, you could enjoy a game of pétanque in our beautiful garden.

By evening, you may want to take it easy after all the activity! If not, you can always join friends for a movie night or for a chat, a game of cards or a mutual hobby.



WHAT MAKES US SPECIAL?

- Our caring team is highly trained and passionate about what they do.
- A strong sense of community, where you can share your views and shape our services.
- Regular social events, including chairbics, crafts, games and dementia-friendly activities.
- Bright and airy communal areas, lifts to all floors and fully accessible throughout.
- Attractive décor and furnishings.
- Accessible landscaped gardens with flowers, raised beds and a pétanque pitch.

YOUR NEW HOME

You'll feel right at home in your apartment. It has everything you need and is unfurnished so you can make it your own and make adaptations to suit your needs. Features include:

- open plan lounge and kitchen
- one double bedroom
- fitted kitchen with fridge-freezer, washer-dryer, oven and hob
- level-access shower room
- emergency alert system featuring intercom, pull cord and pendant or wrist alarms – our friendly team is only a call or a buzz away, 24 hours a day, 365 days a year



EVERYTHING YOU NEED

While you'll be self-sufficient in your own spacious apartment, you may feel like stretching your legs and seeing what else is available to you. Our onsite services and facilities include:

- two communal lounges with comfy seating and a TV
- hairdressing salon
- accessible bathroom so you can enjoy a bath in safety and comfort
- buggy store with charge points for mobility scooters
- guest suite for visiting family and friends
- daytime reception and secure door entry to the building and your apartment
- organised activities and social events
- post, newspapers and pharmacy orders delivered directly to your door

Our **taste** café is open seven days a week. It is open to the public so you can enjoy a meal with your friends and family. Hot lunches are also available for residents, if ordered in advance from Rye Memorial Hospital, which is located next to St Bartholomew's Court.

IDEAL LOCATION

- Rye town centre is only a 15 minute walk or five minute drive away.
- Folkestone, Eastbourne and Brighton are all nearby.
- There is a GP surgery close by.
- St Bartholomew's Court is situated in the grounds of Rye Memorial Hospital.
- There is a railway station and a bus station in Rye.
- A regular bus service and local Dial-a-Ride scheme make journeys easy.



HELP ON HAND

At St Bartholomew's Court, you can live as independently as possible in the security and privacy of your own home. You can focus on living your life to the full, with the peace of mind that someone is on call if you need any help, and support is available if your needs change.

Nothing is too much trouble for our wonderful care team, who are onsite 24 hours a day, 365 days a year. If you need it, we will work with you to create a personalised care plan. It will take into account your likes and dislikes, the emotional and social side of your life, your skills and abilities, religious, cultural and leisure preferences, and much more. We'll review it with you on a regular basis and you can involve your family and friends. We also have strong links with local doctors, dentists, hospitals and social workers, to ensure you receive the best possible care and support.

Our staff also provide support with housing management, correspondence and money matters, and general household maintenance.

CARE AND DOMESTIC SERVICES

Some of the things we can support you with include:

- washing, dressing, bathing, personal care and hygiene
- getting in and out of bed
- preparing meals
- taking medication
- shopping
- making appointments e.g. with your GP
- cleaning and vacuuming

We are regulated by the Care Quality Commission.

Inspected and rated

Good



AM I ELIGIBLE?

To be eligible to live at St Bartholomew's Court, you must:

- be aged 60 or over
- reside in, or have a family connection to, the local area
- have long-term care needs (rental only)

We aim to offer a lively atmosphere and mixed community of people who have a range of care needs. St Bartholomew's Court may not be suitable if you require a substantial amount of regular nursing care.

HOW MUCH DOES IT COST?

Prices vary so please ask a member of staff for a price list. We have options for:

- private or local authority-paid rent agreements
- leasehold agreements.

As well as your rent or leasehold costs, you will need to pay:

- a peace of mind charge for your 24-hour pull cord alert system
- a service charge, which covers your heating and water usage, maintenance costs and utilities charges for the communal areas and gardens, and buildings insurance for leasehold properties
- fees for any care and support or domestic services you require, which may be paid for by Rother District Council or East Sussex County Council, if you have had your needs assessed and approved by the adult social care team

You will also be responsible for paying for council tax (band A or B), electricity usage, TV licence (if applicable) and any additional television package, telephone and line rental, internet and contents insurance.

Meals, snacks and drinks in our **tasté** café, and overnight stays in our guest suite for visitors are all charged separately.

HOW DO I APPLY?

1. Contact us for an application form or contact Rother District Council's or East Sussex County Council's adult social care team.
2. We'll arrange for you to visit and meet us.
3. We'll help you to complete a housing assessment and affordability form as you may be eligible for financial assistance towards your rent and part of your service charge.
4. While you're here we may assess if you would benefit from care and support services, and we may arrange to visit you at home to discuss your needs. For your care to be funded by Rother District Council or East Sussex County Council, you must have had your needs assessed and approved by the adult social care team.

We also encourage you to discuss your housing options with your family and friends, and to seek independent advice, support and representation as appropriate. Organisations such as your local authority, Age UK, Citizens Advice or the Elderly Accommodation Counsel (EAC) can help.

"St Bartholmew's Court has good surroundings and the garden is beautiful. I am very happy here. Moving from my old house to St Batholomew's Court is one of the best things I did."

Anne Coleman, resident

CONTACT US

Come and see a new style of living for your retirement years. Contact us to arrange a no-obligation visit.

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IN PEOPLE**

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