



SANCTUARY

RETIREMENT LIVING



WHITLEY COURT

Paignton, Devon



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Welcome to Whitley Court, where you can experience a happy, fulfilling retirement.

You deserve to enjoy your retirement, and to be as independent and active as you want to be. But we know that living in your own home can become a bit too much sometimes, and it can be lonely, even if there are two of you.

Here at Whitley Court, you can enjoy the best of both worlds. You'll live in your own rented or leasehold apartment, but have peace of mind knowing that a dedicated team is on hand 24 hours a day and new friends are never far away.

Don't wait any longer, come and visit us and see for yourself what we have to offer.

# LIFE AT WHITLEY COURT

At Whitley Court, you choose the lifestyle that suits you.

In the morning, a local shop can deliver your daily newspaper, and during the day we'll call you to check that you're okay. After breakfast in your apartment or the restaurant, you might choose to meet friends or take part in one of our regular activities.

At lunchtime, the restaurant serves delicious hot meals, that you can enjoy with family and friends, or you may wish to prepare lunch yourself in your apartment.

If you fancy a change of scenery, Paignton Zoo is only a short walk away, or you may want

to catch a bus into Paignton town centre, with its beach, shops and restaurants. Brixham, Torquay and Totnes are also nearby.

In the afternoon, you could join us for one of our regular social events, take part in a game of pool or bingo, or perhaps visit our onsite hairdressing salon for a bit of pampering.

By evening you may want to take it easy after all the activity! If not, you can always join friends to watch TV, or for a chat, a game of cards or a mutual hobby.



## WHAT MAKES US SPECIAL?

- Our caring team is highly trained and passionate about what they do.
- A strong sense of community and a Residents Committee which helps to shape our services.
- Regular social events, arts and crafts, games, coffee mornings and dementia-friendly activities.
- Bright and airy communal areas, lifts to all floors and fully accessible throughout.
- Attractive décor and furnishings.
- Accessible landscaped gardens with seating areas.

# YOUR NEW HOME

You'll feel right at home in your apartment. It has everything you need and is unfurnished so you can make it your own and make adaptations to suit your needs. Features include:

- open plan lounge and kitchen
- one double bedroom, or one double and one single bedroom
- fitted kitchen with fridge-freezer, washing machine, oven and hob
- level-access shower room
- emergency alert system featuring intercom, pull cord and pendant or wrist alarms – our onsite care agency is only a call or a buzz away, 24 hours a day, 365 days a year



## EVERYTHING YOU NEED

While you'll be self-sufficient in your own spacious apartment, you may feel like stretching your legs and seeing what else is available to you. Our onsite services and facilities include:

- two communal lounges with comfy seating, one with a pool table and the other with a TV
- hairdressing salon
- accessible bathroom so you can enjoy a bath in safety and comfort
- buggy store with charge points for mobility scooters
- guest suite for visiting family and friends
- daytime reception and secure door entry to the building and your apartment
- post, newspapers and pharmacy orders delivered directly to your door

Our **taste** restaurant is open seven days a week for breakfast, lunch and snacks, as well as offering a meal delivery service. It is open to the public so you can enjoy a meal with your friends and family. Our in-house catering team take pride in preparing seasonal meals using fresh ingredients, as well as creating regular themed menus to celebrate special occasions throughout the year.

## IDEAL LOCATION

- Paignton town centre is only a short bus ride away, and Paignton Zoo is a short walk away.
- There are several GP surgeries less than a mile away.
- There is a railway and a bus station in Paignton.
- Torbay Hospital is only 14 minutes away, and all emergency services are close.
- A regular local bus service and local taxis make journeys easy.



# HELP ON HAND

At Whitley Court, you can live as independently as possible in the security and privacy of your own home. You can focus on living your life to the full, with the peace of mind that someone is on call if you need any help, and support is available if your needs change.

Personal care at Whitley Court is provided by Care Support Torbay, and its staff can support you in your new home. If you need it, Care Support Torbay staff will work with you to create a personalised care plan. It will take into account your likes and dislikes, the emotional and social side of your life, your skills and abilities, religious, cultural and leisure preferences, and much more. They will review it with you on a regular basis and you can involve your family and friends. They also have strong links with local doctors, dentists, hospitals and social workers, to ensure you receive the best possible care and support.

Sanctuary Retirement Living staff are onsite to provide support with housing management, correspondence and money matters, and general household maintenance.

## CARE SERVICES

Some of the things you can be supported with include:

- washing, dressing, bathing, personal care and hygiene
- getting in and out of bed
- preparing meals
- taking medication

For more information about the care services available to you at Whitley Court, please contact Care Support Torbay directly.

Care Support Torbay is regulated by the Care Quality Commission.

Regulated by



## AM I ELIGIBLE?

To be eligible for a rental property, you must:

- be aged 55 or over, or have long-term care needs
- reside in the local area
- have your care and support needs assessed and approved by Torbay and South Devon NHS Foundation Trust

To be eligible for a leasehold property, you must be aged 55 or over, and reside in, or have a family connection to, the local area.

You will also need to show your passport or other form of identification, to prove you are eligible to rent in the UK. We aim to offer a lively atmosphere and mixed community of people who have a range of care needs. Whitley Court may not be suitable if you require a substantial amount of regular nursing care.

## HOW MUCH DOES IT COST?

Prices vary so please ask a member of staff for a price list. We have options for private or local authority-paid rent agreements, and leasehold agreements.

As well as your rent or leasehold costs, you will need to pay:

- a peace of mind charge for your 24-hour pull cord alert system (leaseholders only)
- a service charge, which covers your heating and water usage, maintenance costs and utilities charges for the communal areas and gardens, and buildings insurance for leasehold properties
- fees for any care and support services you

require, which may be paid for by Torbay Council, if you have had your needs assessed and approved by the adult social care team

You will also be responsible for paying for council tax (band B), electricity usage, TV licence (if applicable) and any additional television package, telephone and line rental, internet and contents insurance.

Meals, snacks and drinks in our **taste** restaurant, the meal delivery service and overnight stays in our guest suite for visitors are all charged separately.

## HOW DO I APPLY?

1. Contact us for an application form, or contact Torbay Council's adult social care team.
2. We'll arrange for you to visit and meet us.
3. Once your application has been approved by Torbay and South Devon NHS Foundation Trust, we may assess if you would benefit from care and support services, and our care provider, Care Support Torbay, may arrange to visit you at home to discuss your needs. For your care to be funded by Torbay Council, you must have had your needs assessed and approved by the adult social care team.

We also encourage you to discuss your housing options with your family and friends, and to seek independent advice, support and representation as appropriate. Organisations such as your local authority, Age UK, Citizens Advice or the Elderly Accommodation Counsel (EAC) can help.

*"It is very enjoyable living here.  
It's made a difference to my life.  
Staff are friendly, nice and caring  
and there is always somebody to  
speak to if I need."*

Shaun Widdecombe, resident



## CONTACT US

Come and see a new style of living for your retirement years. Contact us to arrange a no-obligation visit.

**01803 698 870**

**Whitley.Court@sanctuary-housing.co.uk**

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For more details of all Sanctuary Retirement Living properties, visit our website or contact us if you would like this publication in an alternative format.



**INVESTORS  
IN PEOPLE**

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[www.sanctuary-retirement-living.co.uk](http://www.sanctuary-retirement-living.co.uk)

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