



SANCTUARY

RETIREMENT LIVING



WIMBORNE HOUSE

Gravesend, Kent



WIMBORNE HOUSE

Gravesend, Kent

Welcome to Wimborne House, a place where you can experience a happy, fulfilling retirement.

You deserve to enjoy your retirement, and to be as independent and active as you want to be. But we know that living in your own home can become a bit too much sometimes, and it can be lonely, even if there are two of you.

Here at Wimborne House, you can enjoy the best of both worlds. You'll live in your own rented or leasehold apartment, but have peace of mind knowing that a dedicated team is on hand 24 hours a day and new friends are never far away.

Don't wait any longer, come and visit us and see for yourself what we have to offer.

LIFE AT WIMBORNE HOUSE

At Wimborne House, you choose the lifestyle that suits you.

In the morning, we'll give you a call to check you're okay. After breakfast in your apartment or the restaurant, you might choose to meet friends in our social lounge, or take part in one of our regular activities.

At lunchtime, the restaurant serves delicious hot meals, or you may want to prepare lunch for yourself, friends or family in your apartment.

If you fancy a change of scenery, you can visit Gravesend town centre for a spot of shopping or lunch. Alternatively, Bluewater Shopping Centre is only 30 minutes away by car or bus.

The seaside towns of Whitstable, Herne Bay, Margate and Ramsgate are all less than an hour's car or train ride away. You can also get to London by train in less than half an hour.

In the afternoon, you might join us in the lounge for one of our regular social events, take part in a game of bingo, darts or pool, or visit our onsite hairdressing salon for a bit of pampering.

By evening you may want to take it easy after all the activity! If not, you can always join friends to watch TV, or for a chat, a game of cards or a mutual hobby.



WHAT MAKES US SPECIAL?

- Our caring team is highly trained and passionate about what they do.
- A strong sense of community, where you can share your views and shape our services.
- Regular social events, including quizzes, exercise classes, crafts and dementia-friendly activities.
- Bright and airy communal areas, lifts to all floors and fully accessible throughout.
- Attractive décor and furnishings.
- Accessible landscaped gardens with flower beds and pergolas.

YOUR NEW HOME

You'll feel right at home in your apartment. It has everything you need and is unfurnished so you can make it your own and make adaptations to suit your needs. Features include:

- open plan lounge and kitchen
- one or two double bedrooms
- fitted kitchen with fridge-freezer, washer-dryer, oven and hob
- level-access shower room
- emergency alert system featuring intercom, pull cord and pendant or wrist alarms – our friendly team is only a call or a buzz away, 24 hours a day, 365 days a year



EVERYTHING YOU NEED

While you'll be self-sufficient in your own spacious apartment, you may feel like stretching your legs and seeing what else is available to you. Our onsite services and facilities include:

- communal lounge with comfy seating and lovely views of the surrounding area
- activities room with pool table, darts board and board games
- hairdressing and beauty salon
- accessible bathroom so you can enjoy a bath in safety and comfort
- buggy store with charge points for mobility scooters
- guest suite for visiting family and friends
- daytime reception and secure door entry to the building and your apartment
- organised activities and social events
- post, newspapers and pharmacy orders delivered directly to your door

Our **taste** restaurant is open seven days a week for breakfast, lunch and snacks. We can also cater for your guests, so you can enjoy a meal with your friends and family. Our in-house catering team take pride in preparing seasonal meals using fresh ingredients, as well as creating regular themed menus to celebrate special occasions throughout the year.

IDEAL LOCATION

- Local shops are a 20 minute walk away.
- Gravesend town centre is a 20 minute car or bus ride away.
- Several GP surgeries nearby, and Darent Valley Hospital with A&E less than 20 minutes away by car.
- Railway and bus station in Gravesend.
- Dial-a-Ride scheme makes local journeys easy.



HELP ON HAND

At Wimborne House, you can live as independently as possible in the security and privacy of your own home. You can focus on living your life to full, with the peace of mind that someone is on call if you need any help, and support is available if your needs change.

Nothing is too much trouble for our wonderful care team, who are onsite 24 hours a day, 365 days a year. If you need it, we will work with you to create a personalised care plan. It will take into account your likes and dislikes, the emotional and social side of your life, your skills and abilities, religious, cultural and leisure preferences, and much more. We'll review it together on a regular basis and you can involve your family and friends. We also have strong links with local doctors, dentists, hospitals and social workers, to ensure you receive the best possible care and support.

Our staff also provide support with housing management, correspondence and money matters, and general household maintenance.

CARE AND DOMESTIC SERVICES

Some of the things we can support you with include:

- washing, dressing, bathing, personal care and hygiene
- getting in and out of bed
- preparing meals
- taking medication
- shopping
- making appointments e.g. with your GP
- cleaning, vacuuming and window cleaning
- laundry

We are regulated by the Care Quality Commission.

Inspected and rated

Good



AM I ELIGIBLE?

To be eligible to live at Wimborne House, you must:

- be aged 55 or over, or have long-term care needs
- reside in, or have a family connection to, the local area

We aim to offer a lively atmosphere and mixed community of people who have a range of care needs. You do not need to have any immediate care or support needs when you apply, but our kind and caring staff can support you if anything changes. Wimborne House may not be suitable if you require a substantial amount of regular nursing care.

HOW MUCH DOES IT COST?

Prices vary, so please ask a member of staff for a price list. We have options for:

- private or local authority-paid rent agreements
- leasehold agreements

As well as your rent or leasehold costs, you will need to pay:

- a peace of mind charge for your 24-hour pull cord alert system
- a service charge which covers your heating and water usage, maintenance costs and utilities charges for the communal areas and gardens, and buildings insurance for leasehold properties
- fees for any care and support or domestic services you require, which may be paid for

by Kent County Council, if you've had your needs assessed and approved by the adult social care team

You will also be responsible for paying council tax (band C), electricity usage, TV licence (if applicable) and any additional television package, telephone and line rental, internet and contents insurance.

Meals, snacks and drinks in our **taste** restaurant, and overnight stays in our guest suite for visitors are all charged separately.

HOW DO I APPLY?

1. Contact us for an application form or contact Kent County Council's adult social care team.
2. We'll arrange for you to visit and meet us.
3. We'll help you to complete a housing assessment and affordability form, as you may be eligible for financial assistance towards your rent and part of your service charge.
4. While you're here, we may assess if you would benefit from care and support services, and we may arrange to visit you at home to discuss your needs. For your care to be funded by Kent County Council, you must have had your needs assessed and approved by the adult social care team.

We also encourage you to discuss your housing options with your family and friends, and to seek independent advice, support and representation as appropriate. Organisations such as your local authority, Age UK, Citizens Advice or the Elderly Accommodation Counsel (EAC) can help.

"Moving to Wimborne House has immensely helped my wellbeing. Where I previously lived was not suitable for me, due to my mobility and lots of stairs. I love being here. The residents and staff are all great."

John Pace, resident



CONTACT US

Come and see a new style of living for your retirement years. Contact us to arrange a no-obligation visit.

01474 558 699

Wimborne.House@sanctuary-housing.co.uk

Wimborne House, Truro Road, Gravesend, Kent DA12 5FG

For more details of all Sanctuary Retirement Living properties, visit our website or contact us if you would like this publication in an alternative format.



The particulars and photographs within this brochure are indicative and are for guidance only. They are not part of an offer or contract. Whilst some descriptions are inevitably subjective and information is given in good faith, they should not be relied upon as statements or representations of fact.

 www.sanctuary-retirement-living.co.uk

Sanctuary Retirement Living is a trading name of Sanctuary Housing Association and Sanctuary Home Care Limited, both exempt charities.