

Ashfield Court Darlington

➤ MENTAL HEALTH

At Ashfield Court, there are 16 one-bedroom flats. We provide personal care and support for adults aged 18 or over, who have mental health needs and low or medium level learning disabilities. Residents are encouraged to develop their confidence, skills and independence

- Staff on-site during the day, with overnight concierge service
- Long-term supported housing with care
- Communal facilities including a lounge, laundry room, and courtyard area



“We support people on their pathways for independence.”

Local Service Manager, Ashfield Court



About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

Accommodation



Accommodation type

16 part-furnished one-bedroom flats spread across two buildings. Each has a bedroom, bathroom, living room area and kitchen.



Location

Close to Darlington town centre, within walking distance of shops, public transport links, Stanhope Park, colleges and leisure facilities.



Communal areas

Lounge, kitchen and laundry room, as well as a courtyard garden, where tenants can relax during nice weather.



Technology

Free Wi-Fi in communal areas. Personal pendant alarms are available.



Safety and security

Staff office on site, CCTV and secure door access helps to ensure residents' safety and security.



Rental agreement type

All bedrooms are let on an assured shorthold tenancy agreement.

Support

Staff draw up a personalised care and support plan with residents using the Mental Health Recovery Star model. Our highly-trained staff are on-site various hours throughout the day, to suit residents' needs, and there is a night concierge service, giving residents peace of mind that support is on-hand.

There is also an out-of-hours telephone service, should residents require any further support. Residents can purchase additional telecare technology to further promote their independence.

Tailored support, advice and assistance includes:

- Daily living skills
- Maintaining a tenancy
- Managing finances (budgeting and benefits)
- Dealing with correspondence
- Socialising and community involvement
- Accessing education, training and work
- Building positive relationships
- Positive behaviour management
- Signposting and accessing other services
- Preventing homelessness

How to apply and eligibility

To apply, please complete our website enquiry form and ask for an application form. We accept referrals from Darlington Borough Council. All care and support needs will be assessed before an application is accepted.

To be eligible for a place at Ashfield Court, applicants must:

- Be aged 18 or over
- Have a mental health need or a low or medium level learning disability

Contact us

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