

# Brighton and Hove Foyer

## Brighton

### ➤ YOUNG PEOPLE

Located in Brighton city centre, Brighton and Hove Foyer provides support for 50 young people aged 16 to 25, encouraging them to develop their skills and live as independently as possible.

- Staff on-site 24 hours a day, including overnight concierge service
- Communal training kitchen, activity room, computer room and garden
- Short-term supported housing for up to two years



**“We support people  
on their pathway to  
independence.”**

Local Service Manager, Brighton and Hove Foyer



### About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathway to independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

## Accommodation



### Accommodation type

17 two-bedroom shared flats, four three-bedroom shared flats and one four-bedroom shared flat, all spread over four floors. All flats are fully-furnished and include a shared kitchen and shower room.



### Location

In central Brighton, within walking distance of shops, leisure facilities and Brighton railway station, as well as Greater Brighton Metropolitan College and Brighton seafront.



### Communal areas

A training kitchen, therapeutic space, computer room, laundry room, bathroom and garden.



### Technology

Free Wi-Fi in communal areas. Integrated emergency pull cord alarm system in two of the flats.



### Safety and security

Staff office on-site, including overnight concierge service, CCTV and a secure door access system to ensure residents' safety and security.



### Rental agreement type

All flats are let on a licence agreement.

## Support

Staff and residents work together to create individual personalised support plans using the Young Person's Star model. We also offer group activities around life skills, accessing employment, education, training, and physical and emotional wellbeing.

Our highly-trained staff are on-site 24 hours a day, seven days a week, giving residents peace of mind that support is always on-hand. There is an overnight concierge service seven days a week and an out-of-hours telephone service, should residents require any further support. Residents can purchase additional telecare technology to further promote their independence.

### Tailored support, advice and assistance includes:

- Daily living skills
- Managing finances (budgeting and benefits)
- Socialising and community involvement
- Building confidence, resilience and self-esteem
- Managing rent and rent arrears
- Maintaining health, safety and security
- Cooking, cleaning and shopping
- Signposting and accessing other services
- Planning a successful move-on

## How to apply and eligibility

We accept referrals from Brighton and Hove City Council Housing Options team.

### To be eligible for a place at Brighton and Hove Foyer, applicants must:

- Be aged 16 to 25
- Pay accommodation charges, either through eligibility for housing benefit or by other means (proof of income will be required at referral stage)
- Engage with the support planning process and meet the terms of the licence agreement, including being supported to access education, training or employment

All support needs will be assessed before an application is accepted.

## Contact us

Pelham Street, Brighton, East Sussex BN1 4FA

**01273 242 700**

**Brighton.Foyer@sanctuary.co.uk**