



Brighton and Hove Foyer

# Volunteer with us!

**Can you spare a few hours a week to support people in your local community?**

We provide accommodation and support for young people aged 16-25, encouraging them to develop their skills and live as independently as possible. We are looking for kind and caring people to volunteer with our friendly team and support us with:

- › General office tasks and administration
- › Developing life skills workshops for clients
- › Group sessions
- › Befriending
- › Working with young people to fulfil their potential
- › Sharing personal skills or interests with others

For more information phone 01273 242 700 or  
email [Brighton.Foyer@sanctuary.co.uk](mailto:Brighton.Foyer@sanctuary.co.uk)