

# Alexandra Road Liverpool

## › MENTAL HEALTH

Alexandra Road has nine single-occupancy en-suite bedrooms and one self-contained one-bedroom apartment. We provide support for adults aged 18 to 65, with a range of mental health needs, encouraging them to develop their skills and live as independently as possible.

- › Staff on-site during office hours
- › Long-term supported housing
- › Communal lounge, kitchen, bathroom and garden



“We support people  
on their pathway for  
independence.”

Local Service Manager, Alexandra Road



## About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathway for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.



## Accommodation



### Accommodation type

Nine single-occupancy en-suite bedrooms and one self-contained one-bedroom apartment. All bedrooms and the apartment are fully-furnished.



### Location

A residential area of Waterloo, with easy access to local amenities including shops, restaurants, parks, the seafront and public transport links.



### Communal areas

A shared lounge, kitchen, bathroom, laundry room and garden.



### Technology

We can provide assistive technology for extra safety and reassurance, which can be purchased at additional cost.



### Safety and security

Staff office on-site and a secure door access system help to ensure residents' safety and security.



### Rental agreement type

All bedrooms and the one-bedroom apartment are let on an assured shorthold tenancy agreement.

## Support

Staff draw up a personalised support plan with residents using the Mental Health Recovery Star model.

Our highly-trained staff are on-site during office hours, giving residents peace of mind that support is on-hand. There is an out-of-hours telephone service, should residents require any further support. Residents can also purchase additional telecare technology to further promote their independence.

### Tailored support and assistance includes:

- › Maintaining a tenancy
- › Managing finances (budgeting and benefits)
- › Cooking, cleaning and shopping
- › Accessing education, training and work
- › Developing hobbies and interests
- › Dealing with correspondence
- › Building confidence, resilience and self-esteem
- › Maintaining health, safety and security
- › Signposting and accessing other services
- › Planning a successful move-on

## How to apply and eligibility

To apply, please complete our online enquiry form and ask for an application form. We also accept referrals from Sefton Council, as well as Community Psychiatric Nurses (CPNs), Community Mental Health Teams (CMHT) and other external agencies. All support needs will be assessed before an application is accepted.

### To be eligible for a place at Alexandra Road, applicants must be:

- › Be aged 18 to 65
- › Have a mental health need
- › Be eligible for funding from Sefton Council

## Contact us

Alexandra Road, Waterloo, Liverpool L22 1RJ

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