## Sanctuary Supported Living

# **Sussex Avenue** Canterbury

## **DISABILITY**

Sussex Avenue has six bedrooms spread across two attached bungalows: The Oaks and The Willows. We provide care and support for adults aged 18 to 65, who have a range of learning and physical disabilities. Our kind and caring team help residents achieve good emotional health and improve their wellbeing and quality of life.

- > Staff on-site 24 hours a day
- > Long-term supported housing with care
- > Integrated and mobile assistive technology
- Communal lounge, kitchen, dining room and sensory room

## "We support people on their pathways for independence."

Local Service Manager, Sussex Avenue

## About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.







## Accommodation



A residential area on the outskirts of Canterbury, within walking distance of shops, leisure facilities and public transport links.



Free Wi-Fi in communal areas. Integrated emergency pull cord alarm system throughout and personal pendant alarm available. A hoist system, bed sensors and door sensors help to maintain independence.



Six bedrooms spread across two attached, self-contained bungalows.



Staff office on-site, CCTV and a secure door access system help to ensure residents' safety and security.



A lounge, accessible kitchen, dining room, activity room, sensory room, accessible bathroom and levelaccess garden.



All bedrooms are let on an assured shorthold tenancy agreement.

## Support

Staff draw up a personalised care and support plan with residents helping them to identify their needs and aspirations. We can provide 24-hour care and support, including personal care, depending on individual needs.

Our highly-trained staff are on-site 24 hours a day, seven days a week, giving residents peace of mind that support is always on-hand. There is also an out-of-hours telephone service, should residents require any further support. Residents can also purchase additional telecare technology to further promote their independence.

#### Tailored care support and assistance includes:

- Daily living skills and managing a tenancy
- > Managing finances (budgeting and benefits)
- Cooking, cleaning and shopping
- Dealing with correspondence
- Building positive relationships
- Managing personal care and medication
- > Developing hobbies and interests
- > Managing nutrition and hydration needs
- > Maintaining health, safety and security
- Signposting and accessing other services

### How to apply and eligibility

To apply, please complete our online enquiry form and ask for an application form. We also accept referrals from Kent County Council. All care and support needs will be assessed before an application is accepted.

## To be eligible for a place at Sussex Avenue, applicants must be:

- > Be aged 18 to 65
- Have a learning disability or physical disability

### Contact us

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