



## **Ealing Care Services**London



#### MENTAL HEALTH

Located in a residential area of Acton, Ealing Care Services has three one-bedroom flats and four studio flats. We provide personal care and support for adults aged 18 to 65, with medium to high level mental health needs.

- > Staff on-site 24 hours a day
- > Short-term supported housing with care
- Self-contained flats with communal laundry room and garden



# "We support people on their pathway for independence."

Local Service Manager, Ealing Care Services



#### **About Sanctuary Supported Living**

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathway for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

#### Accommodation



Three furnished one-bedroom flats and four fully-furnished studio flats, spread across four floors. All flats have a bedroom, living area, kitchen and en-suite bathroom.



We can provide assistive technology for additional safety and reassurance, which can be purchased at additional cost.



A quiet, residential area of Acton, close to shops, cafés, local colleges, parks and with good public transport connections.



Communal areas

A laundry room and shared level-access garden.



CCTV and an on-site staff office help to ensure residents' safety and security.



All flats are let on an assured shorthold tenancy agreement.

#### **Support**

Staff draw up a personalised care and support plan with residents using the Mental Health Recovery Star model. We can provide 24-hour care and support, including personal care, depending on individual needs.

Our highly-trained staff are on-site 24 hours a day, seven days a week, giving residents peace of mind that support is always onhand. Residents can also purchase additional telecare technology to further promote their independence.

#### Tailored care, support and assistance includes:

- Daily living skills
- Maintaining a tenancy
- Managing finances (budgeting and benefits)
- Managing personal care and medication
- Positive behaviour management
- Accessing education, training and work
- Building positive relationships
- > Maintaining health, safety and security
- > Building confidence, resilience and self-esteem
- Signposting and accessing other services

#### How to apply and eligibility

To apply, please complete the enquiry form and ask for an application form. We also accept referrals from any borough council. All care and support needs will be assessed before an application is accepted.

### To be eligible for a place at Ealing Care Services, applicants must:

- **>** Be aged 18 to 65
- Have a medium to high level mental health need

Applicants with a history of addiction must be attending a rehabilitation program before a referral is made and must commit to continuing with the program.

#### Contact us

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