

# **Trafalgar House**Lowestoft



#### HOMELESSNESS

Trafalgar House has 15 single-occupancy bedrooms and provides support for adults aged 18 and over, who are homeless or at risk of homelessness. We also provide short-term, follow-on support when residents move on to live independently.

- > Staff on-site 24 hours a day, seven days a week
- > Short-term supported housing for up to 18 months



# "We support people on their pathways for independence."

Local Service Manager, Trafalgar House



#### **About Sanctuary Supported Living**

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

#### Accommodation



A total of 15 furnished rooms spread over three floors, some with en-suite bathrooms.



In Lowestoft town centre, Trafalgar House is in close walking distance of shops, leisure facilities, parks and public transport links.



Communal areas

Two lounges, two kitchens and two bathrooms, with laundry facilities and a games room.



Free Wi-Fi in communal areas. We can provide assistive technology for extra safety and reassurance, which can be purchased at additional cost.



## Safety and security

Staff office on-site including overnight concierge, CCTV and a secure door access system to ensure residents' safety and security.



All accommodation is let on a licence agreement.

#### **Support**

Staff draw up a personalised support plan with residents using the Home Star model, to help them achieve their aims and goals. Our highly-trained staff are on-site 24 hours a day, seven days a week to suit residents' needs, giving peace of mind that support is always on-hand.

There is an overnight concierge service seven days a week, and an out-of-hours telephone service should residents require any further support. Residents can also purchase additional telecare technology to further promote their independence.

#### How to apply and eligibility

We accept referrals from East Suffolk Council's Housing Needs team. All support needs will be assessed before an application is accepted.

### To be eligible for a place at Trafalgar House, applicants must:

- > Be aged 18 or over
- Be homeless or at risk of homelessness.
- Have identifiable support needs and committed to engagement

#### Tailored care, support and assistance includes:

- Maintaining a licence
- Managing finances (budgeting and benefits)
- Cooking, cleaning and shopping
- > Building confidence, resilience and self-esteem
- Developing hobbies and interests
- Dealing with correspondence
- Accessing education, training and work
- > Maintaining health, safety and security
- Signposting and accessing other services
- Planning a successful move-on

#### Contact us

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