

# **Lyndon Lodge**Leicester, Leicestershire



## MENTAL HEALTH

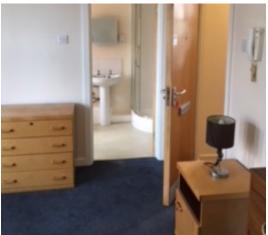
Lyndon Lodge has seven en-suite bedrooms in a shared house. We provide support for adults aged 18 and over, who have a mental health need. Residents are supported to manage their mental health, and to develop the skills and confidence needed to move on and live independently.

- > Staff on-site various hours to suit residents' needs
- Short-term supported housing
- Communal facilities include a lounge, kitchen-diner and garden



"We support people on their pathways for independence."

Local Service Manager, Lyndon Lodge



## **About Sanctuary Supported Living**

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

#### Accommodation



Seven furnished en-suite bedrooms, spread over three floors in a shared house.



Free Wi-Fi in communal areas. Assistive technology for additional safety and reassurance can be purchased at an additional cost.



A residential area of Leicester, within walking distance of shops, leisure facilities and public transport links.



# Safety and security

Staff office on-site, CCTV and a secure door access system help to ensure residents' safety and security.



# Communal areas

A shared lounge and kitchen, as well as a communal garden.



All bedrooms are let on an assured shorthold tenancy agreement.

## **Support**

Everyone is supported to achieve greater independence. Our highly-trained staff draw up a personalised support plan with residents using the Mental Health Recovery Star model. All support is flexible and can be adapted to suit each person's changing needs.

Staff on-site at various hours to suit residents gives them peace of mind that support is on-hand. There is an overnight concierge service seven days a week and an out-of-hours telephone service should they require any additional support.

We provide follow-on support when residents move on to live independently, if they are eligible for funding for floating support.

#### Tailored support and assistance includes:

- Maintaining a tenancy
- Managing finances (budgeting and benefits)
- Cooking, cleaning and shopping
- Building positive relationships
- Dealing with correspondence
- Socialising and community involvement
- Maintaining health, safety and security
- Signposting and accessing other services Managing mental health and attending appointments

## How to apply and eligibility

To apply, please contact us for an application form. We accept referrals from the Adult Social Care and Health teams at Leicester City Council.

All support needs will be assessed before an application is accepted.

To be eligible for a place at Lyndon Lodge, applicants must have an assessment from either the Adult Social Care or the Health teams at Leicester City Council and be approved for support funding. They must also:

- Be aged 18 or over
- > Have a mental health need
- > Be mobile and able to use stairs without support

We are unable to accept applicants who have, or who have recently had, a reliance on addictive substances.

### Contact us

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