

Southend Young Parents Supported Housing Essex

► YOUNG PEOPLE

Located in a quiet, residential area, Southend Young Parents Supported Housing has ten bedrooms in a shared house. We provide support for young people aged 16-25, who are pregnant or have a child, and encourage them to develop their skills and live as independently as possible.

- Staff on-site during the day
- Short-term supported housing for up to two years
- Communal lounge, kitchen, laundry room, bathroom and garden



“We support people on their pathways for independence.”

Local Service Manager, Southend Young Parents Supported Housing

About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

Accommodation



Accommodation type

Ten fully-furnished bedrooms in a shared house.



Location

A quiet, residential area of Southend close to nurseries, colleges, Priory park and the seafront, with good public transport links to the town centre and London.



Communal areas

A lounge, kitchen, laundry room, bathroom, training kitchen, garden and buggy store.



Technology

Free Wi-Fi in communal areas. We can provide assistive technology for extra safety and reassurance, which can be purchased at additional cost.



Safety and security

Staff office on-site, CCTV and a secure door access system to ensure residents' safety and security.



Rental agreement type

All rooms are let on a licence agreement.

Support

Our highly-trained staff draw up a personalised support plan with residents using the New Mum Star model to encourage them to build on their skills and strengths, with the aim of moving on to independent accommodation with two years.

Staff are on-site from 9am-9pm, Monday to Friday, and 9am-1pm on Saturday and Sunday. There is also an out-of-hours telephone service, if residents require any further support.

Residents can also purchase additional telecare technology to further promote their independence.

Tailored care, support and assistance includes:

- Daily living skills
- Maintaining a tenancy
- Managing finances (budgeting and benefits)
- Cooking, cleaning and shopping
- Parenting skills
- Accessing education, training and work
- Maintaining health, safety and security
- Building confidence, resilience and self-esteem
- Planning a successful move-on
- Signposting and accessing other services

How to apply and eligibility

To apply directly, please contact us for an application form. We also accept referrals from Southend-on-Sea Borough Council, where the Teenage Pregnancy Co-ordinator will assess suitability for supported housing.

All support needs will be assessed before an application is accepted.

To be eligible for a place at Southend Young Parents Supported Housing, applicants must:

- Be single and aged 16-25
- Be pregnant, or have a child or children

Contact us

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