

Hyde Gardens

Eastbourne, East Sussex

➤ MENTAL HEALTH

Hyde Gardens has eight studio apartments and 11 one-bedroom apartments. We provide support for adults aged 18 and over, with a range of mental health needs, encouraging them to develop their skills and live as independently as possible.

- Staff on-site at various hours to suit residents' needs
- Short-term supported housing for up to two years
- Self-contained apartments with a communal lounge



“We support people on their pathways for independence.”

Local Service Manager, Hyde Gardens

About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

Accommodation



Accommodation type

Eight studio apartments plus 11 part-furnished one-bedroom apartments, each with a lounge/diner, fitted kitchen and shower room.



Location

Located in the centre of Eastbourne, within walking distance of shops, leisure facilities, public transport links and the seafront.



Communal areas

There is a communal lounge and shared laundry facilities.



Technology

We can provide assistive technology for extra safety and reassurance, which can be purchased at additional cost.



Safety and security

Staff office on-site, CCTV and a secure door access system help to ensure residents' safety and security.



Rental agreement type

All apartments are let on an assured shorthold tenancy agreement.

Support

Our highly-trained staff draw up a personalised support plan with residents using the Mental Health Recovery Star model.

Staff are on-site at various hours to suit residents' needs, and there is an out-of-hours telephone service should they require any additional support.

Residents can purchase additional telecare technology to further promote their independence.

Tailored care, support and assistance includes:

- Maintaining a tenancy
- Managing finances (budgeting and benefits)
- Accessing education, training and work
- Managing mental health needs
- Building confidence, resilience and self-esteem
- Dealing with correspondence
- Socialising and community involvement
- Maintaining health, safety and security
- Signposting and accessing other services
- Planning a successful move-on

How to apply and eligibility

We accept referrals from Lewes and Eastbourne Councils.

All support needs will be assessed before an application is accepted.

To be eligible for a place at Hyde Gardens, applicants must:

- Be aged 18 or over
- Have an enduring mental health diagnosis and require support
- Be homeless or at risk of homelessness

We also provide follow-on support for up to 6 months after residents move into their own independence accommodation.

Contact us

23 Hyde Gardens, Eastbourne, BN21 4PU

01323 431 711

Hyde.Gardens@sanctuary.co.uk