



# **Station Road**Darlington, Durham



## MENTAL HEALTH

Station Road is a six-bedroom shared house in Darlington, where adults aged 18 and over with mental health needs and low or medium level learning disabilities can receive the care and support they need to develop their skills and live as independently as possible.

- > Staff on-site 24 hours a day
- Short-term supported housing with care for up to two years
- > Communal lounge, kitchen and garden



# "We support people on their pathways for independence."

Local Service Manager, Station Road



# **About Sanctuary Supported Living**

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

#### Accommodation



Six part-furnished bedrooms, five of which have en-suites.



A residential area of Darlington close to the town centre, shops, leisure facilities and public transport links.



A communal lounge, kitchen and garden.



Free Wi-Fi in communal areas. We can provide assistive technology for extra safety and reassurance, which can be purchased at additional cost.



The on-site staff office and CCTV help to ensure residents' safety and security.



All bedrooms are let on an assured shorthold tenancy agreement.

# Care and Support

Everyone is supported to achieve greater independence. Our highly-trained staff draw up a personalised care and support plan with residents using the Mental Health Recovery Star model.

Staff are on-site 24 hours a day, seven days a week, giving residents peace of mind that support is always on-hand. There is also a telephone service should residents require any further support, plus they can purchase telecare technology to further promote their independence.

#### Tailored care, support and assistance includes:

- Daily living skills
- Maintaining a tenancy
- Managing finances (budgeting and benefits)
- Dealing with correspondence
- Socialising and community involvement
- Accessing education, training and work
- Building positive relationships
- Positive behaviour management
- Preventing homelessness
- Signposting and accessing other services

## How to apply and eligibility

To apply, please contact us for an application form. We also accept referrals from Darlington Borough Council.

All care and support needs will be assessed before an application is accepted.

#### To be eligible for a place at Station Road, applicants must:

- > Be aged 18 or over
- > Require a minimum of 30 hours of care per week
- > Have a mental health need, or a low or medium level learning disability

#### Contact us

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