

# Thurrock Teenage Parents Supported Housing Grays, Essex

## ► YOUNG PEOPLE

Thurrock Teenage Parents Supported Housing has 9 bedrooms, 7 one-bedroom flats and 2 two-bedroom flats, spread across 4 shared houses. We provide support for single young people aged 16 to 25, who are pregnant, or have a child or children. We encourage young parents to develop their skills, increase their self-confidence and live as independently as possible.

- Staff on-site during the day
- Short-term supported housing for up to two years
- Communal facilities including a lounge, kitchen and garden



“We support people  
on their pathways for  
independence.”

Local Service Manager, Thurrock Teenage  
Parents Supported Housing



## About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

## Accommodation



### Accommodation type

9 bedrooms, 7 one-bedroom flats and 2 two-bedroom flats.



### Location

Close to supermarkets, shops, nurseries, local colleges and public transport links for easy access to the town centre and London.



### Communal areas

All houses have a communal lounge.



### Technology

We can provide assistive technology for extra reassurance, which can be purchased at an additional cost.



### Safety and security

Staff office on-site, CCTV and a secure door access system to ensure residents' safety and security.



### Rental agreement type

All rooms are let on a licence agreement and all flats on an assured shorthold tenancy agreement.

## Support

Our highly-trained staff draw up a personalised support plan with residents using the Young Person's Star model. Residents are encouraged to build on their skills and strengths, with the aim of moving on to independent accommodation within two years.

Staff are on-site from 9am to 10pm, Monday to Friday, and 9am to 1pm on Saturday and Sunday. There is also an out-of-hours telephone service, if residents require any further support.

We also provide community-based support to clients in the local area.

### Tailored support, advice and assistance includes:

- Daily living skills
- Maintaining a tenancy
- Managing finances (budgeting and benefits)
- Cooking, cleaning and shopping
- Parenting skills
- Accessing education, training and employment
- Maintaining health, safety and security
- Building confidence, resilience and self-esteem
- Signposting and accessing other services
- Maintaining appropriate behaviour and good communication

## How to apply and eligibility

To apply directly, please contact us for an application form. We also accept referrals from the housing team at Thurrock Council.

All support needs will be assessed before an application is accepted.

### To be eligible for a place at Thurrock Teenage Parents Supported Housing, applicants must:

- Be single and aged 16 to 25
- Be pregnant, or have a child or children
- Have a five-year connection to the borough

## Contact us

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