

Stanley House

Chatham, Kent

➤ MENTAL HEALTH

Stanley House has eight single-occupancy bedrooms in a shared house, as well as a one-bedroom self-contained apartment. We provide support for adults aged 18 to 65, who have a range of mental health needs, encouraging them to develop their skills and live as independently as possible.

- Staff on site Monday to Friday from 8am to 8pm, and 10am - 4pm on Saturdays
- Short-term supported housing for up to two years
- Communal lounge, dining room, kitchen, bathroom and garden



“We support people on their pathways for independence.”

Local Service Manager, Stanley House

About Sanctuary Supported Living

At Sanctuary Supported Living we provide supported housing, move-on accommodation, CQC registered services and floating support to help people across England on their pathways for independence.

We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.

Accommodation



Accommodation type

Eight part-furnished bedrooms spread across a single-storey shared house, in addition to a self-contained one-bedroom apartment.



Location

A residential area of Chatham, less than a 10-minute walk from the town centre.



Communal areas

A lounge, dining room, kitchen, bathroom, laundry room and garden. There is also a communal pool table.



Technology

We can provide assistive technology for added reassurance, which can be purchased at additional cost.



Safety and security

Staff office on-site, CCTV and a secure door access system help to ensure residents' safety and security.



Rental agreement type

All bedrooms and the apartment are let on a licence agreement.

Support

Everyone is supported to achieve greater independence. Our highly-trained staff draw up a personalised support plan with residents using the Mental Health Recovery Star model.

Staff on site Monday to Friday from 8am to 8pm, and 10am - 4pm on Saturdays, giving residents peace of mind that support is on-hand. There is also an out-of-hours telephone service, should they require any further support.

Residents can also purchase additional telecare technology to further promote their independence.

Tailored support, advice and assistance includes:

- Maintaining a tenancy, managing rent
- Managing finances (budgeting and benefits)
- Socialising and community involvement
- Building confidence, resilience and self-esteem
- Maintaining health, safety and security
- Accessing education, training and employment
- Dealing with correspondence
- Signposting and accessing other services
- Planning a successful move-on

How to apply and eligibility

We accept referrals from Medway Council Community Mental Health Team (CMHT) and social services.

All support needs will be assessed before an application is accepted.

To be eligible for a place at Stanley House, applicants must:

- Be aged 18 to 65
- Have mental health needs
- Require a minimum of 11 hours support per week
- Be receiving support from a Community Psychiatric Nurse (CPN) or social worker

We also provide follow-on support for up to 6 weeks when residents move on to live independently, as well as floating support to people living in the local area.

Contact us

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