



# BRIGHTON AND HOVE FOYER

## BRIGHTON, EAST SUSSEX



For 50 young people aged 16-25



Accredited by the Foyer Federation



17 two-bedroom shared flats  
4 three-bedroom shared flats  
1 four-bedroom shared flat



Training kitchens, sensory room, IT suite, creative space, laundry room, courtyard and Community Hub



Staff on-site 8am to 10pm with overnight concierge service



Licence agreement



Short-term supported housing for up to two years



At Sanctuary Supported Living we deliver personalised care and support services to help people on their pathway to independence.

We provide supported housing, move-on accommodation, CQC registered services and floating support. We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.



If you would like this publication in an alternative format please contact us.

## CARE AND SUPPORT

**At Brighton and Hove Foyer, we provide supported housing to young people, aged between 16 and 25, with low or medium-level support needs.**

Our structured package of tailored support uses the Young Person's Outcomes Star to agree a personal support plan, enabling residents to identify their needs and achieve their goals. Their progress is regularly monitored and reviewed with their plan updated to reflect any changing needs. Residents are encouraged to take control of their lives and build on their skills and strengths. Our highly-trained staff offer a wide range of tailored support, on a one-to-one basis and through group workshops, including:

- Daily living skills and managing rent
- Managing finances (budgeting and benefits)
- Cooking, cleaning and shopping
- Building confidence, resilience and self-esteem
- Socialising and community involvement
- Maintaining health, safety and security
- Signposting and accessing other services
- Planning a successful move-on

At Brighton and Hove Foyer, we also run a Community Hub, where residents can receive support, training and attend workshops to build their life skills from local organisations and support groups.

## ACCOMMODATION

**Brighton and Hove Foyer is located in central Brighton, within walking distance of shops, leisure facilities and the railway station, as well as Greater Brighton Metropolitan College and the seafront.**

Brighton and Hove Foyer has 17 two-bedroom shared flats, four three-bedroom shared flats and one four-bedroom shared flat, spread across four floors. All flats are fully-furnished and include a shared kitchen and shower room. Two of the flats also have an integrated emergency pull cord alarm system. The communal areas include two training kitchens, a sensory room, IT suite and creative space, a laundry room and a courtyard. For added peace of mind, staff are on-site 24 hours a day, and CCTV and a secure door entry system are used to help ensure the Foyer is a safe and secure place to live.

### HOW TO APPLY AND ELIGIBILITY

We accept referrals from Brighton and Hove Council's Housing Options team. All care and support needs will be assessed before an application is accepted. Applicants must be aged 16 - 25, be able to pay the accommodation charges through self-funding or benefit payments, be willing to engage with the support planning process, and meet the terms of the licence agreement.

### CONTACT US

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Images are representative

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