

# RESIDENT STORY



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Mark is a real success story

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Mark Morrison, 29, has lived in supported accommodation since early 2019. With dedicated support from staff, he is now moving on to live independently for the first time.

Mark moved to Nickleby Road from his family home in March 2019, because he wanted meet other people his own age and learn to live independently. Nickleby Road in Chelmsford, part of Sanctuary Supported Living, is a supported housing service for people with learning disabilities, where residents are given personalised support to build their skills and confidence, with the aim of one day living in their own home.

The Nickleby Road team worked with Mark to create a personalised support plan, covering a variety of areas, including cooking, budgeting, safeguarding, employment skills and managing mental health.

As well as gaining practical life skills, staff helped Mark to grow in self-confidence and work towards achieving his goals, including attending accessible Sport for Confidence multi-sport sessions twice a week at the local leisure centre. Mark was also encouraged to share his love of sport with others, as part of Learning Disability Week.

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When Mark decided he was ready to move on, the team made sure that he had the skills he needed to manage his own tenancy and helped him with the application process. When he found his new home, residents and staff held a party to celebrate his success and to wish him well for the future.

Faiza Chowdhury, Project Worker, said:

“Mark is a real success story and the party was a lovely chance for everyone to say a fond farewell. Getting ready to move on can seem daunting, but through his hard work and engagement with the team, Mark has quickly gained all the skills he needs to live independently.”

