

RESIDENT STORY



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A resident from Victoria House homeless service in Manchester has overcome his mental health struggles and now feels like he has a bright future ahead.

Martin Sloane arrived at Sanctuary Supported Living's Victoria House in Manchester, which offers accommodation and support for people who are homeless or at risk of homelessness, in May 2019, following a stay in hospital and a period of homelessness.

Martin said, “I'd been living at another service for six months and was in a very dark place when I moved into Victoria House.”

When he moved in, Martin was struggling with alcoholism and he also lived with frequent spells

of poor mental health. Gradually, with regular tailored support sessions, he slowly began to open up and trust the staff, socialise with other residents and work towards achieving his personal goals.

Martin is now a very popular resident at Victoria House, and has made many friends. He is also a valuable source of support for others and has been integral in revamping the residents' communal garden, using reclaimed and recycled materials.

Martin commented, “The staff here have really helped me to stay sober and I finally feel I have something to live for. I wouldn't be where I am now without the support I've had. I know I can rely on the staff, and I feel safe and secure here.”