

# OUR PEOPLE



I wanted to see the difference I could make to a person's life



For Aimee Lowrie, being able to see the difference she's making to residents' lives is the best part of her job.

Aimee's role as project worker, based at Sanctuary Supported Living's Victoria Road service in Hartlepool, sees her supporting young residents who are homeless or at risk of homelessness to learn to live independently.

She said: "Before working for Sanctuary Supported Living, I worked for the NHS. As much as I enjoyed that, I wanted to experience continuity of care, and see the difference I could make to a person's life on a day-to-day basis."

Along with the rest of the team at Victoria Road, Aimee had the opportunity to get involved with Sanctuary Supported Living's Get On Track project, in partnership with the Dame Kelly Holmes Trust.

The initiative saw eight elite athletes work with young residents from around the country, including Hartlepool, on a series of activity days aimed at improving confidence, resilience and self-esteem.

She has also been involved in the development of the on-site gym.

Aimee commented: "I feel so proud when residents successfully move into their own homes. Empowering young people to live fulfilled lives is what this job is all about."