



LEARNING  
DISABILITY

# PEMBROKE CRESCENT HOVE, EAST SUSSEX



For seven adults aged 18 - 65 with a range of learning disabilities



Short-term supported housing for up to two years



A six-bedroom shared house and a single-occupancy studio flat



Communal facilities include a kitchen, lounge, bathroom and garden



Staff on-site 24 hours a days



Licence agreements



At Sanctuary Supported Living we deliver personalised care and support services to help people on their pathway to independence.

We provide supported housing, move-on accommodation, CQC registered services and floating support. We specialise in services for young people, homeless families and individuals, people with physical disabilities, learning disabilities and people with mental health needs.



If you would like this publication in an alternative format please contact us.

## CARE AND SUPPORT

**We have extensive experience in supporting people with learning disabilities and challenging behaviours who require support with their everyday needs, encouraging them to develop their skills and live as independently as possible.**

Our structured package of tailored support uses the Life Star model to agree a personalised support plan, helping residents to identify their needs and aspirations. Their progress is regularly monitored and reviewed with the plan updated to reflect any changing needs. Support is delivered in a psychologically informed setting, designed to help residents achieve good emotional health and improve their wellbeing and quality of life. Our highly-trained staff work in a trauma informed way and provide a wide range of tailored support, advice and assistance, including:

- Daily living skills (cooking and cleaning)
- Maintaining a tenancy
- Managing finances (budgeting and benefits)
- Managing personal care and medication
- Dealing with correspondence
- Accessing education, training and employment
- Developing hobbies, interests and social skills
- Maintaining health, safety and security
- Building resilience, confidence and self-esteem
- Planning a successful move-on

There is a staff office on-site and staff are available 24 hours a day, giving residents peace of mind that support is always on-hand. We also offer a move-on programme which is tailored to the resident's needs.

## ACCOMMODATION

**Pembroke Crescent is located in a quiet, residential area of Hove, within walking distance of the beach, as well as supermarkets, shops and public transport links to Brighton city centre.**

Spread over three floors, there are six furnished bedrooms in the shared house, each with a wash basin. There is also a single-occupancy studio flat which is used by residents who have higher-level needs or who require more intensive support. Residents are encouraged to add personal touches such as pictures or ornaments to make their rooms feel more homely. The communal areas in the shared house include a lounge, kitchen, bathroom and garden, providing space to relax or socialise with others.

### HOW TO APPLY AND ELIGIBILITY

We accept referrals from Brighton and Hove City Council's adult social care services and the learning disability team, please ask us for an application form. All care and support needs will be assessed before an application is accepted.

Applicants must be aged 18 - 65 and have a diagnosed learning disability.

Images are representative

### CONTACT US

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