

Sow Indoors ■ Sow Outdoors ■ Plant Out ■ Harvest ■

Crop	January	February	March	April	May	June	July	August	September	October	November	December
Artichoke (Globe)												
Asparagus												
Aubergine												
Bean (Broad)												
Bean (Climbing)												
Bean (Dwarf)												
Bean (Runner)												
Beetroot												
Broccoli												
Brussels Sprout												
Cabbage												
Carrot												
Cauliflower												
Celeriac												
Celery												
Chard												
Courgette												
Cucumber												
Garlic												
Kale												
Leek												
Lettuce												
Marrow												
Onion												
Pak Choi												
Parsnip												
Pea												
Pepper												
Potato												
Pumpkin												
Radish												
Rocket												
Shallot												
Spinach												
Spring Onion												
Squash												
Sweetcorn												
Tomato												
Turnip												

Sowing, planting and harvesting times vary according to variety and region - the times shown are for guidance only.