

RESIDENT STORY



Picture used is a stock image, not Tia

“

There is no doubt in my mind that she will have a bright and positive future

”

Sanctuary Supported Living's Nelson House provides accommodation and support for young people in Ramsgate. Having opened in December 2019, Tia is the service's first resident to successfully move on to living independently.

Tia arrived at Nelson House in January 2020, aged 18. She was very reserved and opposed to moving to Nelson House from her previous placement.

At her first support meeting, the team could see that Tia was scared and very insecure, but after taking time to settle into her new surroundings, she gradually began to build a strong rapport with staff.

Tia expressed an interest in looking for work with young children and decided to make this one of the goals in her personalised support plan. Staff supported her to create a CV and to look for jobs at local children's nurseries. In February, Tia succeeded in securing a job at a nursery only a ten-minute walk from Nelson House. At the same time as starting her new job, she also enrolled on a course to study Early Years Support NVQ Level 3.

During her time at Nelson House and since starting her new job, Tia's confidence has grown enormously.

Continued...

She has formed friendships with colleagues at the nursery and has started to socialise with them outside of work. She also became a good influence on others at Nelson House, and a much-liked and valued resident.

Tia changed from being a young girl who preferred to stay at home on her own, to a young lady who has gained confidence, independence and self-esteem.

In early July 2020, Tia told staff that she had found herself a new flat. The team at Nelson House then worked on a 'move-on' plan with her, to help give her the best possible start for the next chapter in her life – where she would truly live independently.

Tia was very excited about the prospect of moving and furnishing her new flat. She left Nelson House full of positivity for new beginnings.

Beth Danso, Project Worker at Nelson House, said: "It has been amazing to see such a positive change in Tia over the past few months. We're all very proud of everything she has achieved, and there is no doubt in my mind that she will have a bright and positive future."

